BRAEHEAD FOODS

Vegetarian and Vegan Selection

PRODUCTION | KITCHEN

MADE BY CHEFS, FOR CHEFS

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UK consumers ate 4.4 billion meat free meals in 2018 as the rise in vegan, vegetarian and flexitarian diets continues.

1% of households now include a vegan, 5% a vegetarian and 10% include someone on a flexitarian diet which involves eating a small amount of meat, but primarily consuming plant based foods.

Made by Chefs, for Chefs, our Production Kitchen can help you cater top the increasing demand. You can check out just a few of our Vegan and Vegetarian dishes on the next page.

For more information, to discuss our full range or to discuss product development, please call us on 01563 550008.

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Vegetarian

Wild Mushroom & Artichoke Strudel

Vegetarian Haggis Bon Bons

Leek & Cheese Croquette

Filo Parcel with Vegetarian Haggis & Redcurrant Jelly

Vegetarian Haggis Pithivier

Wild Mushroom & Artichoke Strudel

Soy & Sorrel Panna Cotta

Brie & Apricot Roulade

Root Vegetable & Ricotta Tourte

Vegan

Black Bean Burger

Vegan Moroccan Brik

Harissa, Kale, Vegan Feta & Butternut Squash Strudel

Summer Vegetable Strudel

Puy Lentil & Chick Pea Dartois

Chick Pea, Red Pepper & Smoked Paprika Pate

Courgette, Aubergine & Red Onion Parcel

Med Veg Parcels